



CURRICULUM VITAE

❖ Objective:

To get the satisfaction through quality work with full loyalty towards work and give an active participation, seeking a challenging career that encourages continuous learning, updating skills, desirable attitudes and applying same for the growth of the organization through continuous learning process and dedicated towards my work throughout life.

TOTAL EXPERIENCE- 17 YEARS

- Presently working as **Senior Student Activity and Sports Officer** (Group ‘A’) at National Institute of Technology Karnataka, Surathkal, Mangalore; *an Institute of National Importance under the Ministry of Education, Govt. of India*, since 21st November, 2024.
- Worked as **Student Activity and Sports Officer** (Group ‘A’) at National Institute of Technology Karnataka, Surathkal, Mangalore; *an Institute of National Importance under the Ministry of Education, Govt. of India*, from 11th March.2014 to 20th November, 2024.
- Worked as **Head of the Dept.** of Physical Education and Sports at Bharatiya Vidya Bhavan’s Bhagwandas Purohit Vidya Mandir, Srikrishna Nagar, Nagpur of CBSE pattern from 15thJuly.2009 to 5th March, 2014.
- Worked as **Head of the Dept.** of Physical Education and Sports, at Abhyasa Residential Public School, Toopran, Andhra Pradesh (A co-ed. Residential school of ICSE/ISC and IGCSE pattern) from May.2008 to June.2009.

❖ Educational Qualifications:

<i>Course</i>	<i>Year</i>	<i>Institute / College</i>	<i>University</i>	<i>(%)</i>	<i>Division</i>
Ph.D.	2013	RTM Nagpur University, Nagpur (M.H)			
UGC NET	Dec. 2011	UGC, New Delhi			Pass
Master of Physical Education (M.P.Ed.)	2006-08	PGTD of Physical Education S.G. Amravati University, Amravati (M.H)	S.G. Amravati University, Amravati (M.H)	70.1	I
Bachelor of Physical Education (B.P.E.)	2003-06	Degree College of Physical Education, Amravati (M.H)	S.G. Amravati University, Amravati (M.H)	76.4	I
12 th (Science)	2001-03	Govt. Boys Higher Secondary School, Nagaon (Assam)	Assam Higher Secondary Education Council	51.4	II

(Last updated on 21st November, 2024)

10 th	2001	Govt. Boys Higher Secondary School, Nagaon (Assam)	Board of Secondary Education, Assam	66.5	I
Certificate in Computer Application (Wings)	2004	La Mare Institute of Information Technology, Nagaon (Assam)	—————	———	A ⁺

❖ Professional Experience:

- NSS Programme Coordinator of NITK Surathkal from Feb.2017 to January 2021.
- Certified First Aid Trainer (Institute of Arthroscopy and Sports Medicine, Nagpur)
- Coordinating the events of Ek Bharat Shrestha Bharat (EBSB), GoI at NITK Surathkal.
- Ph.D. external examiner of Gondwana University, Gondwana, Maharashtra since 2014.
- Ph.D. external examiner of Fakir Mohan University, Balasore, Odisha since 2020.
- Mentor, Research in Physical Education and Sports Science. (M.Sc./M.P.Ed., M.Phil. and Ph.D.)
- CBSE Examiner for evaluation of AISSCE.
- CBSE External Examiner of AISSCE.
- Life Skill Trainer and Counsellor (Freelancer) {Educational and Adolescents Health}

❖ Invited talks and lectures presented as Resource Person:

- Delivered an Expert Talk on **Fit India Movement “Evolution of Health and Sports in India”** during **Five Day Faculty Development Programme on “India’s Strategic Transport Infrastructure Development Projects and Programs”** organized by Department of Civil Engineering, National Institute of Technology Karnataka, Surathkal from **16/08/2021 to 20/08/2021**
- Delivered an Expert Talk during the **National Webinar of IDY 2021 on “Yogic Way to Healthy & Blissful Living”**, organized by Dr. Anita Baruah Sarma College of Education; a unit of North East Regional Institute of Management group of Institutions, Guwahati, Assam on 21st June, 2021.
- Delivered an Expert Talk on **Fit India Movement “Body Waste Management : the much-needed purification”** during **Five Day Faculty Development Programme on “Geoenvironmental Engineering – For Solid Waste Management”** organized by Department of Civil Engineering, National Institute of Technology Karnataka, Surathkal from January 04 - 08, 2021.
- Delivered an Expert Talk on **Fit India Movement “A Drive of an Eternal Concord”** during **Five Day Faculty Development Programme on “Transport Infrastructure Asset Management”** organized by Department of Civil Engineering, National Institute of Technology Karnataka, Surathkal from September 21 - 25, 2020.

- Delivered the Inaugural speech during the “*National Webinar on the Role of Wetlands on Ecology and Economy of Assam*”, organized by Nagaon Govt. Boys' H S School, Nagaon on 29th August 2020.
- As a Resource person presented a talk on “*National Webinar on Covid-19 Health Crisis: A Yogic Approach To Peaceful And Blissful Living*” on 20th July 2020 Organized by, IQAC And Department of History, Charaibahi College, Morigaon, Assam.

❖ Book and Research Publications:

- *Yog and Edifying Indian Heritage*, a book chapter published in “*Prajnalok : An anthology of peer reviewed articles on diverse subjects*” ISBN 978-93-85310-18-8, first publication by Gigabytes Press and Publication, Nagaon, Assam., Pg.214-223.
- National and International Journal and Conference Proceedings publication: 06

❖ Training Programme Attended

- Participated in the Two (2) days Training Programme on General Financial Rules 2017 & Public Procurement covering GFR2017 and Procurement Rules, Guidelines and Procedures conducted during 2nd and 3rd February.2018 at National Institute of Technology Karnataka Surathkal.
- Completed Seven (7) days Training Course for NSS Programme Officers organized by NSS-Empaneled Training Institute for Karnataka, University of Mysuru from 01/07/2017 to 07/07/2017 held at NCHS building, Manasagangotri Mysuru sponsored by Dept. of Youth Affairs and Sports, Govt. of India, New Delhi.

❖ Co- Curricular Achievements:

- Participated in National Service Scheme (College Level), for 2 years as a Camp Leader.
- Participated in Jungle Trekking Programme organized by National Adventure Foundation, Amravati Chapter.

❖ Conference Proceeding:

- “Computer Technology and Innovation in Sports Performance, Sports Marketing and Management” a paper published in the Conference Proceeding of *International Conference of Physical Education and Sports Science* organized by JECRC Jaipur during 6th and 7th January, 2015. Vol. II, Pp.466-469. ISBN 978-81-89463-98-4.

❖ *Publications:*

- “Physical Education and Sports Sciences” Its Prospective and Future Challenges; a paper published in Research Demagogue, a UGC approved International Referred, Indexed & Peer Reviewed Bi-Annual Journal in Education Sr. No. 44476, Impact Factor 5.210, presented during the International Conference on Future Prospective of Physical Education, Sports Sciences and Yogic Practices, held during 15th to 16th December.2017 organized by Dept. Of Physical Education, Sant Gadge Baba Amravati University, Amravati, Maharashtra. Special Issue December 2017. Pp.361-365, ISSN 2350-1081.
- “Comparative Study of the Emotional Intelligence and Ability of Adjustment of Athlete and Non-Athletes of Residential and Non-Residential Schools” a pilot study, published in ENTIRE RESEARCH, (Multi-Disciplinary National Quarterly Research Journal) Vol.3, Issue. IV, Thane, October.2011, ISSN 0975-5020
- “Comparative Study of Nutritional Status of Various Sportsmen” a research paper published in International Journal of Physical Education, Vol. 3 No. 1&2 (April & October, 2010): 31-33, ISSN: 0744-2638 published by Hind Medical Research Institute, in association with: Hind Agri-Horticultural Society (Regd.). Muzaffarnagar, UP.
- “Relationship of Somatotype with the Physical Fitness of College Men” a research paper published in Wellness: Journal of Health, Physical Education and Sports, bi annually published by Dept. Of Physical Education and Sports, Jai Narain Vyas University, Jodhpur (Rajasthan). India ISSN 0975-136X, volume 1, No.2, Jul-Dec.2009.
- Seminar paper published in the UGC Sponsored National Seminar organized by Dept. of Physical Education, Govt. Narmada P.G. College, Hoshangabad, Madhya Pradesh on “Computer Application in Physical Education and Sports.”

❖ *Seminar, Conference and Workshop Attended:*

- Attended 4th International Conference of Physical Education, Sports Sciences and Yogic Sciences organized by Dept. of Physical Education, SGB Amravati University, Amravati, Maharashtra during 15th and 16th December.2017 and presented a paper entitled “Physical Education and Sports Sciences: Its Prospective and Future Challenges.”
- Attended National Workshop on “Uniform Physical Education Programme” organized by NIT Srinagar at NIT Transit House, New Delhi on 31st August,2016.
- Attended International Conference of Physical Education and Sports Science organized by JECRC Jaipur during 6th and 7th January.2015.

- Attended one day workshop on Management Development Programme 'TEAMANSHIP' organized by Bharatiya Vidya Bhavan, Srikrishna Nagar, Nagpur and Ratna Sagar Pvt. Ltd., New Delhi, on 31st October.2012
- Attended 15 days Orientation programme on Consultation, Evaluation and Training Course for Physical Education Teachers of Central Board of Secondary Education, organized by Lakshmibai National University of Physical Education, Gwalior, Madhya Pradesh from 1st to 15th June.2010.
- Attended two days workshop cum training camp of Bharat Scout and Guide on 12th & 13th December.09, at Bharatiya Vidya Bhavan's Bhagwandas Purohit Vidya Mandir, Srikrishnanagar, Nagpur.
- Attended six days workshop on Planning and Goal Setting and Micro Teaching Process at Abhyasa Residential Public School, Toopran from 2nd June.2008-7th June.2008.
- Attended two days workshop in Decision making and Child Psychology Development programme at Centre for British Teachers (CfBT) at Hyderabad Branch from 28th May-29th May.2008
- Attended the 4th National Conference of National Association for Physical Education and Sports (NAPES) at Degree College of Physical Education, HVPM Amravati, (Maharashtra) from 8th to 10th February/2008.
- Seminar paper present in All India Paper Presentation Contest on Physical Education and Sports Science on "Ergogenic Aids and Sports Performance" at Degree College of Physical Education, HVPM Amravati, (Maharashtra)

❖ Research Work Completed:

- Successfully completed the research work on "Comparative Study of the Emotional Intelligence and Ability of Adjustment of Athletes and Non-Athletes of Residential and Non-Residential Schools" as Ph.D. research work and submitted to R.T.M. Nagpur University, Nagpur (M.H.) in May.2012.
- Successfully completed the research work on "Relationship of Somatotype with the Physical Fitness of College Men" during M.P.Ed. II as Master's Thesis & submitted to SGB Amravati University, Amravati, during 2007-08.
- Successfully completed the research work on "Comparative Study of Some Selected Physiological Variables of Hostellers and Non-hostellers" during M.P.Ed. - I as Project work during 2006-07.

❖ Managerial Responsibilities Taken:

- Coordinating the Institute's Technical and Cultural Festival of NITK Surathkal every year.
- Coordinating MoE, MHRD and different ministry directive programmes like JJGD, EBSB, Swachhta Pakhwad, Paryatan Parv, International Day of Yoga etc.etc. effectively as Nodal Officer.
- Conducting All India Inter NIT Sports meet every year with minimum 4-5 Team events participating nearly 1000+ athletes from different NITs across the country.
- Coordinating the State level sports meets and selection trials of MESCOM (Mangalore Electricity Supply Company) and Karnataka State Pollution Control Board, DKCA tournaments Mangalore etc. every year.
- State Yoga Referee, Assam State.
- Worked as a *Camp Leader* in different Camps organized under *National Service Scheme* for two years.
- Worked as a *Tournament Secretary* (student representative) in conducting *All India Inter University Athletic Tournament-2007-08 (west zone)* at SGB Amravati University, Amravati.
- Worked as a *Tournament Secretary* for all Inter Departmental Sports Activities at SGB Amravati University, Amravati during 2007-08.
- Worked as *Seminar Director* for conducting Annual Seminar at SGB Amravati University, Amravati in 2007-08.

❖ Skill Proficiency:

- First aid certificate course completed from Institute of Arthroscopy and Sports Medicine, Nagpur.
- Sports Medicine.
- Advance Athletic Coaching.
- Working knowledge of Computerized Statistical Data Analysis of Research Problems.
- Football, Yoga, Volleyball, Cricket, Badminton and Lawn Tennis.

❖ Personal Sports Achievements:

- Participated in Inter-collegiate Yoga Championship (3years continuously) and stood winner.

- Participated in 9th State Yoga Championship organized by Nagaon District Yoga Association and was placed in third.
- Participated in 9th District Yoga Championship organized by Nagaon District Yoga Association and was placed in second.
- Participated in Inter-college Athletics meet organized by SG Amravati University, Amravati and placed 3rd. (Event 200m)
- Participated in District Yogasana Competition (2003), organized by Brihan Maharashtra Yuvak Yoga Parishad.
- Participated in Cross-country (6km) organized by Amravati District Amateur Athletic Association.
- Participated in 15th Golden Mile Run at NTR Garden, Hyderabad, organized by Athletic Coaching Academy, Hyderabad on 13thJuly/2008.

❖ *Officiating Experience:*

- In Intercollegiate Cross-Country Race organized by Board of Physical Education & Recreation, SGB Amravati University, Amravati. (For 2years)
- In Regional Sports Meet –2006 at Navodaya Vidyalaya Amravati, organized by Navodaya Vidyalaya Samiti, Pune Region from 25th to 27th Sept.2006.
- In 33rd National Games, Guwahati 2007, from 9th to 18th Feb. 2007 as Technical official(supporter) in Badminton.
- In Intercollegiate Athletic meet organized by Board of Physical Education & Recreation, SGB Amravati University, Amravati. (in October/2007)
- In 5th National Banavashi Khel Mahotsav organized by Vidarbha Banavashi Kalyan Ashram, Nagpur, at HVPM Amravati, (M.H)2007, from 25th to 28th Dec.2007 as an official in Athletics.
- In District School Tournament organized by District Sports Council & District Sports Office, Amravati, from 28th to 30th Aug.2007, at Degree College of Physical Education, Amravati, as an official in Athletics.
- In the 2nd Nagpur International Marathon.2010(for the culture of Peace & Non-Violence) organized by International Day for Non-Violence Organizing Committee, Maratha Lancers, Nagpur on 31st January.2010 as a Technical Official (PILOT).

❖ Personal Profile:

Name: Dr. Hem Prasad Nath
Father's Name: Mr. Deben Chandra Nath
Date of Birth: 18th July.1985
Marital status: Married
Nationality: Indian
Religion: Hindu
Language Known: Assamese, Hindi, English, Bengali & Marathi
Permanent Address: V.P.O. – Jamuguri (west), Dist. Nagaon, Assam.782142
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Contact No: +91-8861348513 (Cell) +91-8242473004 (Office)
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E-mail ID: dr.nath@nitk.edu.in
Interests: Travelling, Driving, Reading Magazines & Books and attending
spiritual discussions.

Declaration: The above-mentioned information is true to the best of my knowledge and believe.

Date:
Place:

Dr. Hem Prasad Nath